

Programme Regulations: 2023/24

Postgraduate Certificate in Cognitive Behavioural Therapy for Anxiety Disorders: Code 3462P

Postgraduate Diploma in Cognitive Behavioural Therapy: Code: 3463P (HEE-funded)

Postgraduate Diploma in Cognitive Behavioural Therapy: Code: 3464P (Self-funded)

Notes

- (i) *These programme regulations should be read in conjunction with the University's Taught Programme Regulations.*
- (ii) *A core module for learning outcomes is a module which a student must pass.*
- (iii) *A core module for PSRB accreditation is a module a student is required to obtain accreditation.*
- (iv) *A compulsory module is a module which a student is required to study.*
- (v) *All modules are delivered in Linear mode unless stated otherwise as Block, eLearning or distance learning.*
- (vi) *Students will be required to undergo appropriate DBS and Healthcare checks as stipulated in University and School policies and fulfil all requirements for placements (including clinical access) as dictated by the relevant Care Quality Commission Regulated provider.*
- (vii) *The University has an overriding duty of care to ensure that all students graduating from the programmes not only meet the academic requirements but are also physically and mentally fit to practise and are of good character. The case of any student whose fitness for professional practice is a matter for concern shall be considered under the University's Fitness to Practise Procedure.*
- (viii) *The Postgraduate Certificate in CBT for Anxiety Disorders and the Post Graduate Diploma in CBT are attendance-based programmes and are principally delivered face to face at the Newcastle City campus and associated clinical locations. Although some teaching and structured guided learning may be delivered online, due to the clinical and integrated structure of the programme, sessions planned for face-to-face delivery cannot be substituted by other forms of delivery, including blended, online and remote.*

1. Programme structure

- (a) The programmes are available for study in part-time mode only
- (b) The period of study for part-time mode shall commence in September and be delivered as follows:
 - a. one academic year for the Postgraduate Certificate
 - b. two academic years for the Postgraduate Diploma
- (c) Students will undertake work related to the programmes whilst providing Cognitive Behavioural Therapy with suitable patients in their normal workplace
- (d) The programme comprises credits to the value of:
 - a. 60 credits for the Postgraduate Certificate
 - b. 120 credits for the Postgraduate Diploma
- (e) All candidates completing the Postgraduate Certificate and Postgraduate Diploma shall take the following compulsory modules:

Postgraduate Certificate Stage/Year 1

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8047	Fundamentals of CBT	20	20			7	✓	✓	
PSY8048	Cognitive Behavioural Therapy for Anxiety Disorders	40	20	20		7	✓	✓	

- (f) Students completing and passing the Postgraduate Certificate stage may graduate or continue study to Postgraduate Diploma stage in Year 2.

Postgraduate Diploma Stage/Year 2

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8049	CBT for Depression	40	20	20		7	✓	✓	
PSY8083	Accreditation Portfolio	20			20		✓	✓	

2. Assessment methods

Details of the assessment pattern for each module are explained in the module outlines.

3. Other

Progression and Assessment

- (a) Candidates must pass each component of assessment.
- (b) The Postgraduate Certificate and Postgraduate Diploma may be awarded with Pass, Pass with Merit or Pass with Distinction in line with the standard University criteria for awards (average marks across modules: Pass 50-59%, Pass with Merit 60-69%, Pass with Distinction 70+)
- (c) Candidates for the Postgraduate Diploma will be required to provide evidence of completion of a minimum of 200 hours of supervised clinical practice and 70 hours of clinical supervision with a BABCP accredited supervisor in order to achieve the award. Details of the practice-based requirements are included in the PSY8083 Module Handbook.

4. Exemptions to the University's Taught Programme Regulations

Module Hours

Due to the clinical work included in the module PSY8083, the total hours exceed the normal hours of a 20 credit module. In the event of any inconsistency between the programme and University regulations in relation to the above exemption, the programme regulations take precedence over the University regulations.